

QUALIFICATIONS

- ▶ Experienced mental health professional with a diverse background in inpatient and medical psychiatric assessment and therapy, including:
 - Social Work
 - Individual Therapy
 - Group Therapy
 - Evaluation/Disposition
 - Crisis Intervention
 - Suicide Prevention
 - Domestic Violence
 - Chemical Dependency
- ▶ Certified Alcohol Counselor I (CACI) in the state of Colorado.
- ▶ Innovative, highly energetic worker with demonstrated organizational and social skills.
- ▶ Able to accept and appreciate differences in others; nonjudgmental and impartial.
- ▶ Sensitive and empathetic team player with finely tuned communication and interpersonal abilities.
- ▶ Knowledge of Windows, MS Word, Excel, WordPerfect, and proprietary industry software.

EXPERIENCE

SOCIAL WORK

- ▶ Provided crisis intervention, disposition planning, and case management in diverse clinical settings, including residential, outreach, educational, vocational, and/or rehabilitative.
- ▶ Served as a personal advocate and mentor for formerly homeless people in the single housing program of Casa Cerrillos, a subsidiary of St. Elizabeth shelter in Santa Fe. Assisted a case load of 17 clients with housing, food, jobs, transportation, financial aid (SSI, SSDI, etc.), budgeting, substance abuse problems, medical emergencies, medications, mental health services, and activities of daily living.
- ▶ Assisted troubled adolescents toward well-being and successful reintegration into social and family support systems.
- ▶ Furnished therapy in cases of stress management, addictions, family dysfunction, and mental health problems. Facilitated group therapy sessions and provided individual and group counseling.
- ▶ Led spiritual groups for adult and adolescent mental health, as well as drug/alcohol dependent, clients.
- ▶ Provided acute support services to addiction and mental health clientele, including implementation of detoxification protocols, intake processing, and assessment for discharge.
- ▶ Observed clients to detect indications of or variations in unsafe or acute behavior.
- ▶ Collaborated with medical and professional staff to help develop comprehensive patient therapy, evaluation, medication, and treatment programs.
- ▶ Maintained confidential patient records, call logs, incident reports, monthly spreadsheets, and other records.
- ▶ Improved access to treatment options by developing a resource information sheet for drug treatment centers, respite options, and other resources in Colorado Springs and Denver which was adopted by multiple centers statewide. Created a list of community help centers for the local needy.
- ▶ Interfaced with community agencies, hospitals, government agencies, and the court system in planning patient care.
- ▶ Received the Gold Star award for exceptional performance while providing crisis services at Penrose/St. Francis. Frequently recognized for outstanding performance in the delivery of mental health services.

ADMINISTRATION

- ▶ Key player on the Quality Improvement Team responsible for analyzing data, reporting trends, and recommending changes to improve patient services.
- ▶ Screened and scheduled calls for United Health and the Pikes Peak Mental Health Center.
- ▶ Supervised and trained new human services staff members.
- ▶ Maintained psychiatric records, processed client files, and ensured client confidentiality.
- ▶ Provided office support in a university setting and guidance to students and administrators.
- ▶ Ensured air traffic safety and control as an air traffic controller in the U.S. Army for five years.

WORK HISTORY

Case Manger/Sobering Technician, Santa Fe County, Santa Fe, New Mexico, 2007 - present
Case Manager/Advocate, Casa Cerrillos, Santa Fe, New Mexico, 2006 - present
Mental Health Worker/Counselor, Penrose/St. Francis Hospital, Colorado Springs, Colorado, 2001 - 2006
Mental Health Therapist (PRN), Parkview Hospital, Pueblo, Colorado, 2000 - 2001
Case Manager/Chemical Dependency Counselor/Crisis Counselor/Pre-screener/Scheduler
Pikes Peak Mental Health Center, Colorado Springs, Colorado, 1996 - 2000
Social Worker, Arbor & Associates, Boston, Massachusetts, 1994 - 1995
Case Manager, 735 House, Roxbury, Massachusetts, 1991 - 1992
Crisis Counselor, Fairbanks Crisis Clinic Foundation, Inc., Fairbanks, Alaska, 1988 - 1989

EDUCATION

Student, Master of Counseling (LPC Track)

Southwestern College, Santa Fe, New Mexico, Fall 2006 – present

Graduate Studies in Counseling and Human Services

University of Santa Monica, California, 1996 – 1998

Bachelor of Arts in Psychology, with honors

University of Alaska, Fairbanks, June 1991

CONTINUING EDUCATION

Crisis Intervention

- ▶ *Paraprofessional Crisis Intervention Training*
- ▶ *Nonviolent Therapeutic Crisis Intervention*
- ▶ *Crisis Prevention Intervention*
- ▶ *Verbal Judo for Mental Health Professionals*

Behavioral Management: Violence

- ▶ *SOLVE Training: Strategies of Limiting Violent Episodes*
- ▶ *Psychopathy Assessment and Implications for the Criminal Justice System*
- ▶ *Psychopathy and Risk for Violence*
- ▶ *Workplace Violence*
- ▶ *Seclusion and Restraint Training*
- ▶ *Co-morbidity Between Domestic Violence and Addictive Disease*
- ▶ *Pikes Peak Domestic Violence Coalition Conference*
- ▶ *Domestic Violence*
- ▶ *Techniques for Effective Aggression Management: Basic and Advanced*

Substance Abuse

- ▶ *Psychosocial and Biophysical Implications of Methamphetamine Abuse*
- ▶ *Treatment of Psychological Trauma and Substance Use Disorders*
- ▶ *Drug and Alcohol Refresher Course*
- ▶ *1998, 1999, 2000 Addictive Disorders and Behavioral Health Symposiums*
- ▶ *Preventing HIV Disease Among Substance Abusers*
- ▶ *Double Trouble and Recovery, A Dual Diagnosis Training*
- ▶ *Co-Dependency*
- ▶ *Implications for Addictions Treatment*
- ▶ *Cannabis Revisited: Scientific & Medical Information*
- ▶ *Inhalant Abusers: The Difference Between Surviving and Succeeding*

Intervention, Diagnosis, and Treatment

- ▶ *Global Assessment Training*
- ▶ *Diagnostic Use of Enneagrams and Treatment*
- ▶ *Thought Field Therapy Level I*
- ▶ *Understanding Serious Mental Illness*
- ▶ *Cross-cultural Psychotherapy Issues*
- ▶ *Myers-Briggs Personality Inventory*
- ▶ *Differential Assessment and Treatment for Depression, Affective Illness, and Substance Abuse*
- ▶ *Understanding and Managing Complex Problems in Depression: Sex, Sleep, Chronicity, and Psychosis*
- ▶ *Dynamics and Realities of Sexual Addictions*
- ▶ *Clinical Intervention and Treatment Strategies with Sexual Addicts*
- ▶ *Spirituality Workshop: Grief, Death, and Dying*
- ▶ *Seclusion and Restraint*
- ▶ *The Leisure Level Model: Counseling Consumers*
- ▶ *Service Planning Training*
- ▶ *Women's Issues*
- ▶ *Women and Self-Esteem*
- ▶ *Adult Women who Self-Mutilate*
- ▶ *How We Hurt Ourselves: How We Heal Body, Mind, and Spirit*

Therapeutic Professional Development

- ▶ *Depression: Culture and Religion*
- ▶ *Post-Traumatic Stress Disorder*
- ▶ *Spirituality and the Recovery Process*
- ▶ *Effective Strategies for Helping Couples & Families*
- ▶ *Basic Counseling I and II*
- ▶ *Client Records Management*
- ▶ *Transference and Borderline Personality Disorder*
- ▶ *Assertiveness Training*
- ▶ *Reality Therapy: Choice Therapy*
- ▶ *Native Americans and Mental Health*
- ▶ *Cross-cultural Psychotherapy*
- ▶ *Ethics in Counseling*
- ▶ *Legal Issues for Mental Health Counselors*
- ▶ *Exploring and Enhancing Spirituality*
- ▶ *Current Certification in First Aid and CPRS*